

FROM SUPERINTENDENT DR. MYERS

Superintendent Update: November 7, 2014

Quote for the week: "Gratitude is the fairest blossom which springs from the soul."—Henry Ward Beecher

WAYS TO CULTIVATE GRATITUDE

- Notice your day-to-day world from a point of gratitude and be amazed at all the goodness we take for granted. The video "[A Good Day](#)" from TEDxSF can get you in the right frame of mind.
- Keep a gratitude journal. All it requires is noting one or more things you are grateful for on a daily basis. No fancy notebook, no computer program required.
- If you identify something or someone with a negative trait (the cold conference room), switch it in your mind to a positive trait (the conference room with a great view).
- Gratitude requires humility, which the dictionary defines as "modest and respectful." Explore where it fits in your life. The article "[Humility: A Quiet, Underappreciated Strength](#)" is a good start.
- Give at least one compliment daily. It can be to a person or it can be asking someone to share your appreciation of something else ("I love how quiet it is in the morning, don't you?").
- When you find yourself in a bad situation ask:
What can I learn? When I look back on this, without emotion, what will I be grateful for?
- Vow to not complain, criticize, or gossip for 10 days. If you slip, rally your willpower and keep going. Notice the amount of energy you were spending on negative thoughts and actions.
- Sound genuinely happy to hear from the people who call you on the phone. Whether the caller responds with surprise or delight, he'll know you value speaking with him.
- Become involved in a cause that is important to you. Donate money or time or talent. By joining in, you'll gain greater appreciation for the organization, and it will appreciate you more, too.

News for the week:

Aladdin was performed over the past week to many audiences including Kindergarten, Nelson-Wilks-Herron and Junior High. Once again the junior high students under the direction of Mrs. Louise Hickey made us all very proud to be Bombers! The students were absolutely wonderful.



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NOVEMBER 7, 2014



Special dates of interest:

- * Regular Board Meeting November 20th
- * Thanksgiving Break (no students) November 24-28
- * Noon Board Meeting—December 3rd at High School

Mountain Home School Board met at the Guy Berry College and Career Academy on Wednesday



Our November noon school board meeting was held at Guy Berry College and Career Academy. The students shared their aqua-ponics program with the board. These kids use the waste from Tilapia to fertilize plants in their green house. They then market the plants and the Tilapia to sustain the cost of running the green house. These kids truly are participating in real world economic development while integrating all their subjects into this project. I am very proud of the Guy Berry students, Mr. Kincade and his entire staff. Several students shared their learning experiences with the board. Thanks for a great noon meeting!

Mountain Home Junior High hosted a very moving Veteran's Day program. Dana Brown also awarded two honorary diplomas to Robert Scott McMeechan and Chester Berlin Treadwell. Mr. McMeechan was awarded the National Defense Service Medal, the Armed Forces Reserves Medal and the Good Conduct Medal. He also achieved the Rifle Marksman Badge.

Mr. Treadwell spent the winter of 1943 in England preparing for D Day Invasion. He also served as a transport truck driver with a reconnaissance photo unit under General Patton. Thank you Mr. Zorman for putting this program together! Bud Zorman simply does a wonderful job in honoring our Veterans. As Mr. Zorman reminds us, "Freedom is not Free!"

Nelson-Wilks-Herron had a fun carnival on Thursday evening. I want to thank Mrs. Cotter, her staff and all the wonderful volunteers for providing such a fun evening for their students. All of these wonderful people as well as many others throughout our schools go over and above normal requirements to give our students special opportunities.

Have a great weekend everyone!

Lonnie

This week, NAEC (North Arkansas Electric Co-op) delivered new shoes to every 3rd grader at Hackler.



Mountain Home Kindergarten

Grandparents Day



Mountain Home Kindergarten



Pinkston Middle School



Week ending 11.07.14

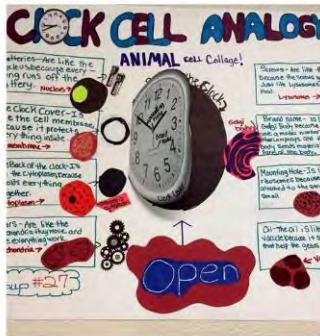
Dr. Coleman visits Pinkston

Students in the 6th grade learned about dental hygiene and the science behind what really happens when you don't brush your teeth! Students were invited to simulate teeth as Dr. Coleman placed balloons on and between them to indicate the areas that bacteria collects.



Science

Cell Analogy Projects



Spelling Bee at Pinkston Middle School

Dozens of students participated in the spelling bee this past Thursday. Students demonstrated a skill and poise as they competed against a list of complex words. The top spellers will be moving on to compete in the county spelling bee later in the semester.



Hanna S. 6th

Book Fair!

It's that time of year when kids get to look at, preview, and talk about all the new books from Scholastic! All students have the opportunity to visit the book fair with their classes. We appreciate Ms. Knowles for always bringing this event to our school.



It's Time to Order Your.....
YEARBOOK!



SPECIAL OFFER ENDS SOON! Buy a Personalize It package and get up to 4 icons FREE until October 31st!! Order forms will be available at the main office.

We do not order extra books at Pinkston.

 **Pinkston**  **Box Tops News** 

-----**3D CHALLENGE**-----

Winners will be announced SOON. The top 3 winners will get a partial day out of school to go to the Baxter County Public Library and learn to use the 3D printer. You will have lunch provided by Blackbird Cafe AND you will get to pick a 3D item of your very own. Remember to trim your box tops, make sure they aren't expired and turn them in to the drop boxes located on top of the library book drops or to the Library. Remember to put your name on them and your advisory teacher to be counted!

This month General Mills is offering \$1.00 off coupons for 14 different products. You can follow this link to print all your savings and don't forget to clip your tops.

http://www.boxtops4education.com/coupons?nicam2=Email&nichn2=Other&niseg2=BTFE&ncreatID2=BTFECoord_09_18_2014

Pinkston also collects Campbell soup and Best Choice labels so please send in those labels and it will help us earn incentives and equipment for Pinkston!



Pinkston Middle School @Pinkstonmiddle

EAST at Pinkston @AdunavanEast

7th Grade Promise @deniselauerman

DARE @campfield10

Pinkston Media Center @pmslibrary12

Upcoming Pinkston Middle School Events

Nov. 3-14 – Can food drive “One Million Meals”

Nov. 20 – Make Up Picture Day

Nov. 26-28 – Thanksgiving Break

Dec. 9 – Band Concert – PM at Dunbar

Dec. 11 – Band Recitals

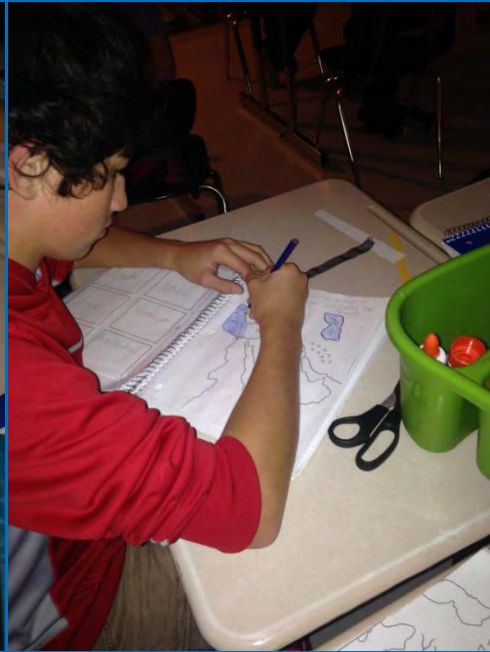
Dec. 16 – Choir Concert – PM at Dunbar



Congratulations to swim coach Hope Normandy for being selected as the NISCA (National Interscholastic Swim Coaches Association) Coach of the Month.

According to Swimoutlet.com, “Coaches are the backbone of any swim team. They offer motivation, support, advice, praise and criticism. Without a swim coach, many swimmers might not have the self-discipline and determination necessary to achieve success. For that reason, SwimOutlet.com has teamed up with the NISCA – the organization of high school swim coaches – to celebrate a monthly SwimOutlet.com Interscholastic Coach of the Month Award”.

We cannot think of a more deserving swim coach for this honor! Congrats Coach Hope!



Mountain Home Public Schools Highlights

11.7.2014

Justina Langford

Students designing maps of places and regions in their Social Studies Interactive Notebook.

Hunter Preis

Mountain Home

Public Schools –

Volunteer Program

by Dr. Gigliotti

Volunteers – 329

Welcome all Volunteers to MHPS! This is the first year for the implementation of the district-wide Mountain Home Public Schools (MHPS) Volunteer Program.

History of the Program –

Research for the MHPS Volunteer Program began in 2010-11. School personnel, parents, and community leaders came together to develop ideas for a program. The Volunteer Advisory Committee was formed in 2013-14. Together, committee members developed the MHPS Volunteer Program Handbook and Guidelines. The Mountain Home Public School Board of Education approved the MHPS Volunteer Program in the Spring of 2014 to be

implemented during 2014-15 school year.

The Mountain Home Public Schools (MHPS) Volunteer Program relies on the help of more than 300 volunteers. Volunteers are an essential part of the district. MHPS Volunteer Program provides a variety of assistance designed to support educational opportunities for students in grades K-12. Students benefit from the collective support between school, home, and community. Furthermore, MHPS Volunteer Program adds to the comprehensive approach to school safety. Part of the application process is to complete a background check.

Thank you to all stakeholders for your assistance and support. The MHPS Volunteer Program is truly a joint effort that benefits MHPS Students!

Honoring Veterans- November 11, 2014-

“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”

John F. Kennedy

To apply, please visit the following link:
<http://bombers.k12.ar.us/volunteers/index.html>

For the MHPS Volunteer Program Handbook and Application to be mailed to you, please call 870-425-1201.

**Thank you
Volunteers!**

MHJH Undefeated Bombers









Eighth graders learned from prominent community members in the annual CHOICES PROGRAM at Mountain Home Junior High.











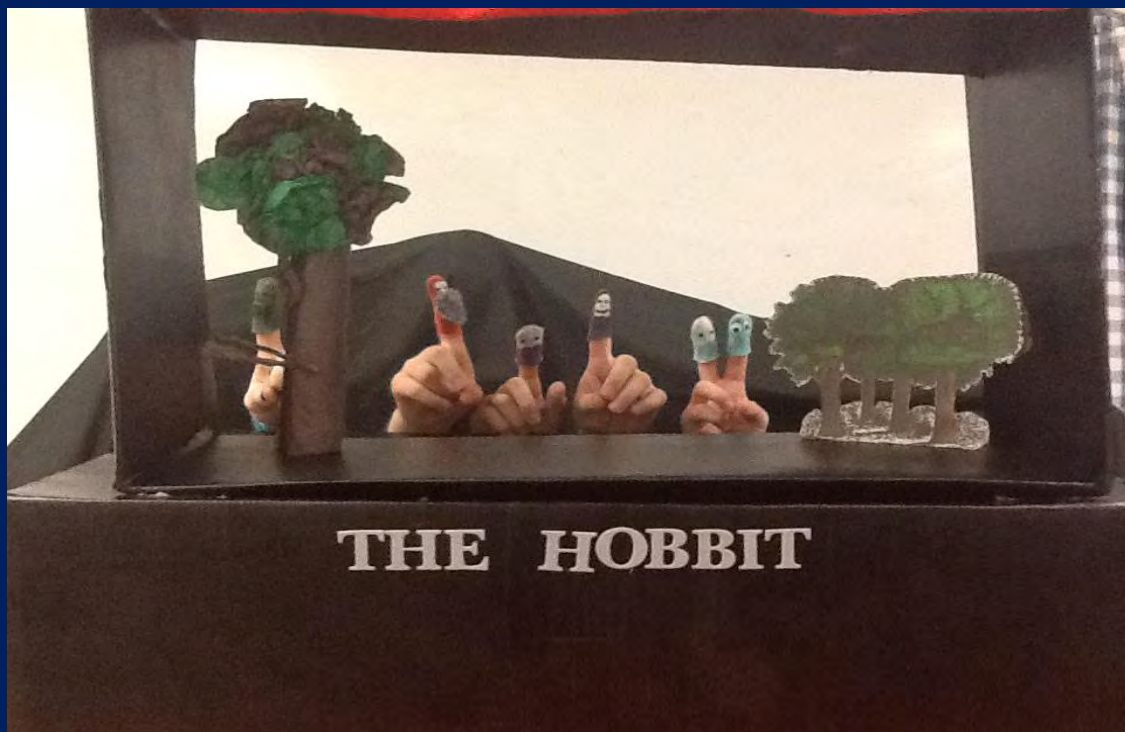




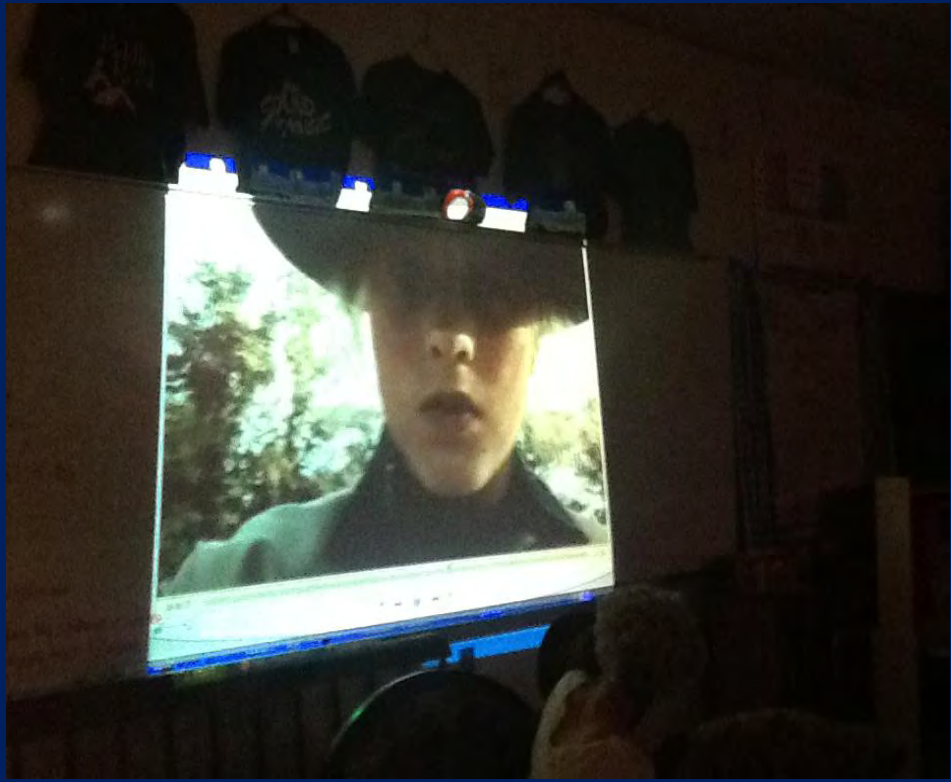
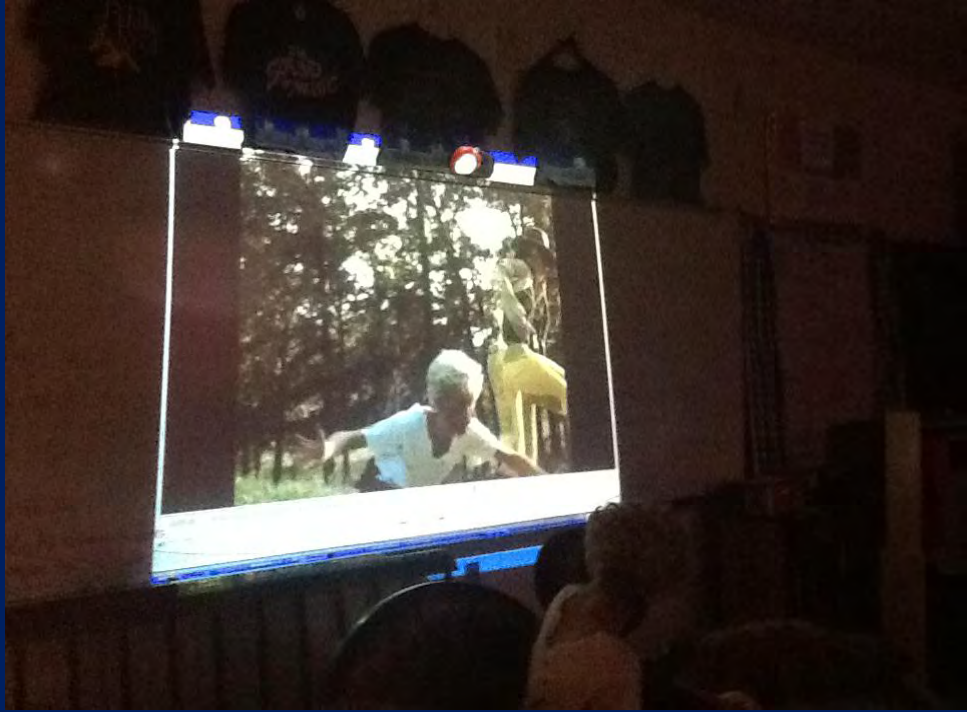


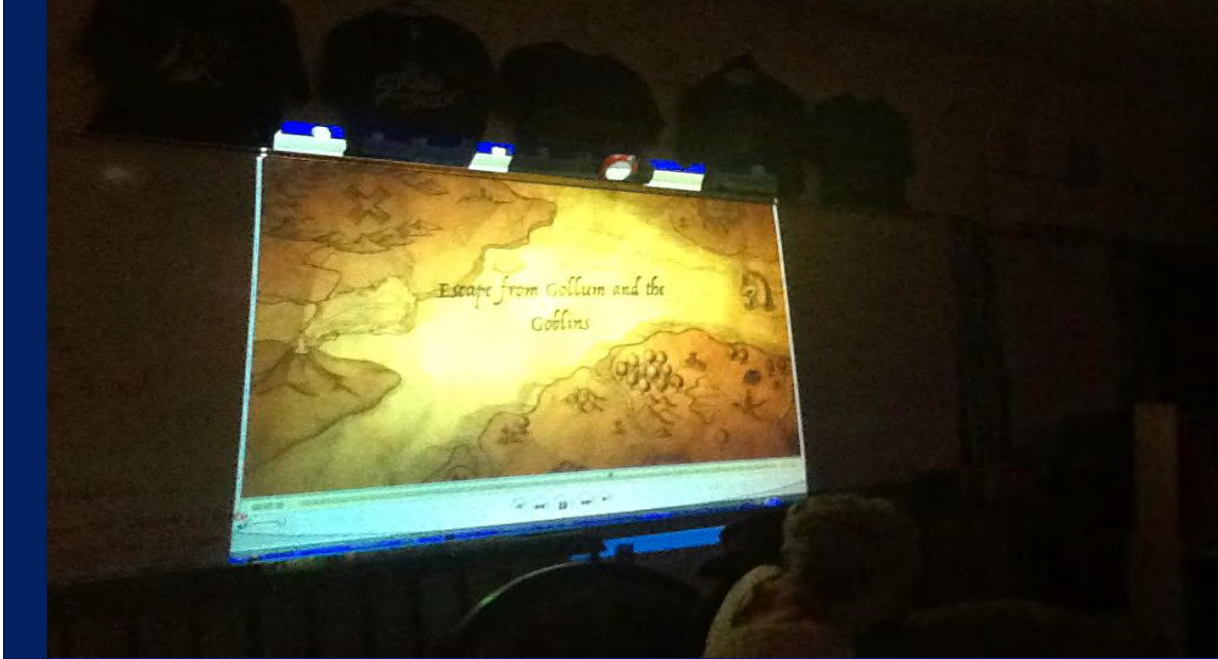


Mrs. Hickey's Pre-AP English class performed their student created projects over *The Hobbit*. Some presented puppet shows or dramatic presentations, while others presented student made movies.









Hackler Intermediate School Newsletter

965 West Road, Mtn. Home, AR 72653 ~ Phone 425-1288 / Fax 425-1290

Principal: **Sondra Monger**

Mrs. Sondra Monger, Principal
Mrs. Cassy Barnhill, Assistant Principal
Mr. Kevin Roach, Assistant Principal

Mrs. Kristyn Goodwin - Counselor
Ms. Mary Beth Wyatt - Counselor

Date: 11/06/2014

Around Our School



- * **Make up picture day will be Wednesday, November 19th, 2014.**
- * **No school for students on November 24th and 25th due to teacher in service.**
- * **No school for students November 26th through November 28th for Thanksgiving break.**
- * **Pre-order your yearbook. The yearbook is in color and the cost is \$23 with name and \$20 with NO name engraved on the cover. Make checks payable to Hackler Intermediate School. We will take orders from November 6th thru December 12th. On line order will be accepted until February 27, 2015. You may order online at www.inter-state.com/yearbook and the code is 754783. You may order online until February 27th, 2015.**

Notes from Nurse Wendy

Parents, if you received a letter informing you that your child needs additional immunizations please call Nurse Wendy with the appointment date.

Box Top Winners for 1st Quarter



3rd Grade: Hendrix Hughes 285

4th Grade: Trinity Trivitt 300

5th Grade: Colton Lewis 123

GREAT JOB!

Next Box Top contest has already begun. All you have to do to be entered into the drawing is bring in box tops. We have contest sheets available in the front office or you can put 50 box tops into a baggie and our wonderful volunteers will take care of the rest. There will be 4 drawings! Make sure the box tops you turn in have your child's name and homeroom teacher's name on it so they will get credit.



Note from music teachers, Sherry Mohler & Samantha Bentley

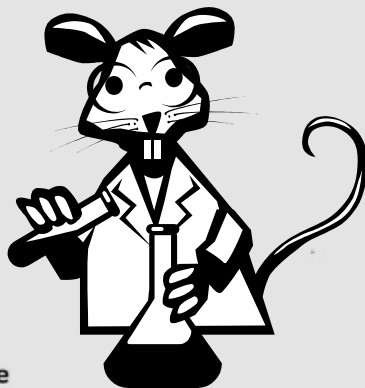
- ⇒ Every student has a binder to use in music. Students will need to have 5 dividers and a pencil pouch in their binder to use in music class. Using dividers will help them to be organized in class. Binders will be used every week in music class.
- ⇒ If you have any costumes to donate to the music department please send them with your child. We would appreciate it. We never know from year to year what kind of costumes we need for kids and it is nice to have some in storage we can pull from. We are trying to build up our prop room. Thank you, Mrs. Mohler and Ms. Bentley

Our science department is need of supplies for Hackler students to use in science labs. If you would like to make a donation, pick an item from the list and send the item back to the school with your child.

Your donations make Science labs come to life!

Science Donations Requested

- | | |
|---|--|
| <input type="checkbox"/> Latex Gloves (variety sizes needed) | <input type="checkbox"/> Wooden Dowel rods |
| <input type="checkbox"/> Glycerin | <input type="checkbox"/> Baking Soda |
| <input type="checkbox"/> Corn Meal | <input type="checkbox"/> Cotton Balls |
| <input type="checkbox"/> Masking Tape | <input type="checkbox"/> Q-tips |
| <input type="checkbox"/> Torch Fuel | <input type="checkbox"/> Potting Soil |
| <input type="checkbox"/> Batteries (all sizes needed) | <input type="checkbox"/> Brown & Black Construction paper |
| <input type="checkbox"/> Modeling Clay | <input type="checkbox"/> Paper Towels |
| <input type="checkbox"/> Acetone | <input type="checkbox"/> Sand |
| <input type="checkbox"/> Ping Pong Balls | <input type="checkbox"/> Marshmallows |
| <input type="checkbox"/> Plaster of Paris | <input type="checkbox"/> Corn Starch |
| <input type="checkbox"/> Glass Soda Bottles | <input type="checkbox"/> Aluminum Foil |
| <input type="checkbox"/> Aluminum Pans | <input type="checkbox"/> WM gift card for Blueberries/Kale |
| <input type="checkbox"/> Dish Soap | <input type="checkbox"/> Bicycle Pump |
| <input type="checkbox"/> Bouncy Balls | <input type="checkbox"/> Casts & Molds |
| <input type="checkbox"/> WM giftcard for Dry Ice | <input type="checkbox"/> Dixie Cups |
| <input type="checkbox"/> Yarn | <input type="checkbox"/> Cooking Oil |
| <input type="checkbox"/> Cotton String | <input type="checkbox"/> Styrofoam Balls |
| <input type="checkbox"/> Magnet Kits | <input type="checkbox"/> Slinkies |
| <input type="checkbox"/> Balloons | <input type="checkbox"/> Jello |
| <input type="checkbox"/> Graduated Cylinders | <input type="checkbox"/> Craft Sticks |
| <input type="checkbox"/> Clear Plastic Cups(variety of sizes) | <input type="checkbox"/> Rubber Bands |
| <input type="checkbox"/> Styrofoam cups | <input type="checkbox"/> Stop Watches |
| <input type="checkbox"/> Styrofoam bowls | <input type="checkbox"/> Compasses |
| <input type="checkbox"/> Pipe Cleaners | <input type="checkbox"/> Tuning Forks |





Thank you North Arkansas Electric Cooperative!



2014 NAEC Sole Power Project is their community service project and they delivered a new pair of tennis shoes to third grade students from area schools. Hackler students received their shoes on November 4th.



Pictures speak louder than words.



Thanks again NAEC! We love them!

It was quite spooky at Hackler on Halloween!



TRICK
OR
TREAT
www



Can you guess who we are?

GUY BERRY COLLEGE & CAREER ACADEMY

GBCCA HOSTS NOON SCHOOL BOARD MEETING

Guy Berry Science Teacher, Kyle Tardiff, and his science students, shared information with the Board about various integrated science projects they are working on.





Mr. Tardiff's Physical Science Class at GBCCA

created "Eggmobiles" to transport a single raw egg from a height of 19 feet to the ground.

Rules included:

- No internet research
- No traditional packaging supplies
- No purchased materials
- Only use repurposed materials



The were learning forces, acceleration, velocity and gravity.

The final survivors won a pizza party for their egg saving efforts!



Nov. 7, 2014

MHHS CAREER ACADEMIES

AP Biology Studies Roach Behavior



Dr. Karla Bouck's AP Biology students meet and greet Madagascar Hissing Cockroaches from classroom collaborator, Dr. Eddie Dry at ASU-MH. AP Biology is being offered for concurrent credit at the ASU Campus. The roaches will be helpful in the study of animal behavior. Ms. Barbara Penrose at Hackler Intermediate also added them to her classroom studies.

Hssssssssssssss.....



AAP Students Working with Mentors



Students in Ms. Brooks' advisory work with mentor Billie Collins on leadership initiative activities on Wednesday during AAP.



Additional Lab Experience for MHHS Students



Biology students in Dr. Karla Bouck's classes were provided an optional after school lab opportunity to conduct an experiment on *Daphnia* (a microscopic water flea). Students compared the effects of pond water, caffeine, and alcohol on the heart rate of *Daphnia*. The lab required students to predict what they thought the outcome would be when *Daphnia* was exposed to each substance. The results of the experiment supported the student's prediction. Alcohol decreased the heart rate while caffeine increased the heart rate of the *Daphnia*. The students had a great time!



AR Rehabilitation Rep Speaks to Scholarships and College Programs

On October 30th, a representative from AR rehabilitation services came and spoke with students with varying disabilities about scholarships and college programs they offer. They also spoke to students about advocating for themselves. The AR rehabilitation representative will be returning in February to meet with parents and students on an individual basis.



Students in Nurse C's Medical Procedures class learned how to assess patients vital signs. Pictured to the left are Mady Pool and Mikaela Runion as they practice taking blood pressure.

Mtn. Home High School



Color Your Future with FBLA
Step up to the Challenge 5K

Saturday, November 15, 2014

Mtn. Home High School at the BOMBER

Early Bird Registration Due by October 30, 2014 \$30.00 (Includes a t-shirt day of race)

Check-In and On-Site Registration Begins At 7:00 a.m.

5K Starts at 8:00 a.m.

Colors will be every ½ mile and at the finish line.

On-Site Registration \$35.00 (T-Shirts available while supplies last the day of the race.)

Checks made payable to: MHHS FBLA

Name: _____

Address: _____ City, State, Zip: _____

Phone: _____ Sex: M F Date of Birth: _____ Age : _____

Shirt Size (Adult): XS S M L XL XXL Shirt Size (Youth): XS S M L XL

Please send completed registration form, along with cash, or check made payable to MHHS FBLA to:

MHHS FBLA
500 Bomber Blvd
Mtn. Home, AR 72653

Please contact MHHS FBLA at fblamhhs@gmail.com for any questions

Release (Please read and sign below)

I, _____, (and/or as a parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and forever discharge the Sponsors and any and all other supporting groups of this said running/walking event, together with all of their officers, agents, officials, and employees from any and all liability, claims, demands, actions, or cause of action whatsoever arising out of, or related to any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this event.

Signature: _____ Date: _____

Parent Signature if under 18 years: _____ Date: _____

NELSON-WILKS-HERRON

Pumpkins

Mrs. Nunley's class had fun investigating pumpkins with Mrs. Moody, our ASU Field 3 student teacher.





Fire Posters

Test your smoke alarm! Get out fast!

This was the theme of the Fire Safety Prevention Week held in October. Students had fire safety lessons with their teachers, visited with firefighters and saw the fire truck, and learned how to get out of a house filled with smoke. A poster contest was held, and many students placed first, second or third in their classes, but overall winners were also selected. In 1st grade, Deanna Human was chosen, and in 2nd grade, Christian Cruse was chosen. Each received a beautiful ribbon.



Deanna Human-1st Grade



Christian Cruse-2nd Grade

Fall Festival Fun at NWH!

(Thursday night from 5:30-7:30 p.m. on November 6th)





Box Tops Winners for September



Mrs. Rosa's 1st grade class was the winner of the Box Top contest for 1st grade and Ms. Wedgeworth's class was the 2nd grade class winner. They won pumpkin decorating parties. Congratulations!!

October MHSD Volunteers

2,406 total hours

For information on becoming a volunteer please visit

<http://bombers.k12.ar.us/volunteers/index.html>

We would love to have you join us!

Kindergarten volunteer hours 332.5

Volunteers participated in activities include teacher assistance (running copies, cutting, laminating, bulletin boards, etc.), chaperoning pumpkin patch field trips, and Halloween activities.

Nelson-Wilks-Herron volunteer hours 710

Volunteers helped with Flu shot clinic, Popped popcorn for good behavior for 350 students, Made a sign with 20 foot letters spelling unity for unity day for Mrs. Sabo, Made and delivered snacks for parent teacher conference night to 51 faculty that had to stay for conferences, helped with selling Fall festival tickets, Fall festival meetings, Snack packs, 2 box top parties for the winning classes for September and all of the classroom help they do daily.





Hackler volunteer hours 586.

There were 59 volunteers whose duties/activities ranged from helping with book fair, counting box tops, flu clinic, helping teachers make copies, decorate door for drug-free week, and helping with Halloween parties & field trips. Here are a few pictures of volunteers in action!



Pinkston volunteer hours 177.5



During October, volunteers helped with the Flu Clinic, Picture Day, 50's Day, and teacher's assistance (running copies, hall decorations)

Junior High volunteer hours 50

7 volunteers worked during the Flu Clinic, organized the clothing closet, ran copies for teachers, acted as lunch hall monitors, helped with the scoliosis and BMI screening, homecoming float, and 8th grade field trip.

High School volunteer hours 550

Volunteers worked at athletic events, band booster events, academy events, parent center preparations and opening, copying, and general teacher assistance.